

**Meals on Wheels of Tyler, TX
Mar-12**

Monday	Tuesday	Wednesday	Thursday 3/1/2012	Friday 3/2/2012
			Lemon Pepper Fish Mixed Beans Peach Cobbler Wheat Bread Milk	Chili Pie Chuckwagon Corn Hot Oranges and Pineapp Corn Chips Milk
Monday 3/5/2012	Tuesday 3/6/2012	Wednesday 3/7/2012	Thursday 3/8/2012	Friday 3/9/2012
Parmesan Chicken Spaghetti Noodles Green Beans Texas Bread Spiced Mixed Fruit Milk	Beef Patty Lettuce and Tomato Baked Beans Hamburger Bun Hot Peaches Milk Mustard and Catsup	Turkey Cordon Bleu Casserole Cheesy Rice Broccoli Wheat Bread Seasonal Fruit Milk	Meatloaf Onion Gravy Roasted Rosemary Potatoes Pineapple Cobbler Wheat Bread Milk	Sausage with Red Bear Scalloped Tomatoes Scalloped Apples Wheat Bread Milk
Monday 3/12/2012	Tuesday 3/13/2012	Wednesday 3/14/2012	Thursday 3/15/2012	Friday 3/16/2012
Country Fried Steak Country Gravy Whipped Potatoes Herbed Green Peas Wheat Bread Seasonal Fruit Milk	Breaded Catfish Ranch Whipped Potatoes Mixed Fruit Crisp Wheat Bread Milk Tartar Sauce	Swiss Steak Confetti Rice Whole Kernel Corn Texas Bread Seasonal Fruit Milk	Oven Fried Chicken Black-Eyed Peas Glazed Carrots Cornbread Brownie Milk	Western Pork Patty Red Kidney Beans Hot Pineapple Tidbits Wheat Bread Milk
Monday 3/19/2012	Tuesday 3/20/2012	Wednesday 3/21/2012	Thursday 3/22/2012	Friday 3/23/2012
Meatballs with Gravy Egg Noodles Broccoli Wheat Bread Butter Pecan Cookie Milk	Sliced Ham Field Peas Mixed Vegetables Texas Bread Mandarin Oranges Milk	Chicken and Dumplings Chuckwagon Corn Pear Cobbler Wheat Bread Milk	Sliced Turkey Breast Turkey Gravy Hawaiian Baked Beans Baby Glazed Carrots Texas Bread Seasonal Fruit Milk	Beef Italiano Patty Red Potatoes Scalloped Apples Wheat Bread Milk
Monday 3/26/2012	Tuesday 3/27/2012	Wednesday 3/28/2012	Thursday 3/29/2012	Friday 3/30/2012
Beef with Pepper Gravy White Rice Field Peas Wheat Bread Fresh Orange Milk	King Ranch Chicken Casserole Green Beans Diced Carrots Wheat Bread Sugar Cookie Milk	BBQ Beef Creamy Potatoes Mixed Vegetables Hamburger Bun Peaches Milk	Lemon Pepper Fish Mixed Beans Peach Cobbler Wheat Bread Milk	Chili Pie Chuckwagon Corn Hot Oranges and Pineapp Corn Chips Milk